

## **The Inner Movement Payment Policy**

At The Inner Movement we understand that sometimes you will be unable to attend your appointment or have to cancel an appointment. We take care to maintain our the ethical guidelines of ACCPT and industry standard policy. These guidelines have been set up to accord with industry standard practice and guidelines

### **Payment condition**

Payment should be made prior to therapy sessions. Therapy will not be commenced without receipt of payment. Payments are non-refundable unless cancelled with 24hr notice. See our cancellation policy for more details.

Payment can be made via bank transfer:

Account: The Inner Movement Community Interest Company

Account No: 05402356

Sort Code: 60-83-71

### **Healthcare Insurance Policies**

2.1 If you plan to use private healthcare insurance to help you with therapy costs, then you should discuss this fully with your healthcare insurance provider. You should be aware that many insurers limit the costs that they may be willing to pay (either per session/hour or as a total cap on treatment costs) so you need to ensure that you are happy with the amount that is to be paid by the insurer. You will be fully responsible for payment of any shortfall in the fees.

2.2 It will be your responsibility to inform your insurer of the type and costs of treatment and to pass all details to the insurer so that they can arrange payment directly with us.

### **Initial Free Consultation**

2.5.1 The Inner Movement offers an initial consultation of no more than 30 minutes, usually to take place by way of distance medium (telephone, zoom, teams, WhatsApp etc) or in-person where suitable as agreed with the therapist

2.5.2 The free consultation will offer you and the Consultant the opportunity to:

- Meet/speak with your preferred therapist ahead of treatment starting
- Check you can engage comfortably with your therapist before committing to any paid treatment;
- Establish if therapy via Skype, FaceTime or another preferred video platform suits or in-person suits you and your therapist
- Allow for a brief initial understanding of the problems you want to address in therapy.

**No actual advice will be offered by the Consultant during this consultation**

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